



# Press

Paws+Claws Rescue & Resort Hackensack, MN

## Over 1,000 pets find their forever homes!



For every pet that is adopted from Paws+Claws, we are grateful to know that they are sleeping soundly in a warm and cozy home filled with love. We are grateful to have entered 2021 and followed it shortly after with our 1,000th adoption! One thousand pets are in homes where they are cherished and that is the best thing we could ask for!

*Visit Page 2 to see photos of some of our happy adopters!*



# January 2021: 1,000<sup>th</sup> ADOPTION

In the past year, we have all been through a lot. COVID-19 brought with it multiple shut downs and a drastic change to how we live and work. We are hopefully looking towards a light at the end of the tunnel, but in the meantime we are turning towards our pets to help keep us sane.

Paws+Claws is excited to announce that early in the year we surpassed our 1,000th adoption! We have far surpassed our initial expectations of how busy we would be here, and while we are grateful for each and every pet that finds its forever home, it is incredible to see so many adoptions take place.

Thank you to everyone who has made this possible and for the continued support!



Above:  
Max

Middle (L-R):  
Rosie, Bugs,  
Gingersnap

Bottom (L-R):  
Noodle, Clyde







# *New Merchandise!*

Our first shipment of new merchandise for the summer has arrived! We have more coming, so keep an eye on our website!

If you're looking for a fun, unique way to support our shelter pets, you found it! The proceeds from sales of our merchandise go back to our shelter and help to provide care for our pets! The best part? Our merchandise is available to order online and have it shipped to your door! To order, visit [www.pawsandclawsrr.org/shop](http://www.pawsandclawsrr.org/shop) or click on "Shop" on our Facebook page. If you are in search of your new favorite cozy item or a great gift idea, be sure to shop with us!





# Specific Donation Requests

Our staff and our pets are so grateful for the outpouring of support we have received during the last year. So many people have stepped up to foster pets and welcome them into their homes and it has been incredible to watch.

At this time, we are continuing to take extra measures to increase our already strict cleaning and disinfection protocols. We are currently seeking donations of bleach, paper towels, hand sanitizer, and antibacterial hand soap.

While we are prepping for kitten season and getting supplies ready, we are also working to give the remaining animals in our care extra attention while we are closed to the public. If you are able, we are asking for donations of canned/soft kitten food, KMR (kitten milk replacer), hard kitten food, and pate cat food. We are also looking for donations of dry and canned puppy food, peanut butter, soft dog treats, large and extra large dog harnesses, and non-retractable dog leashes (specifically slip lead leashes).

Physical donations can be shipped to 2949 State 371 NW Hackensack, MN 56452 and any monetary donations can be made via phone, on our website [www.pawsandclawsrr.org](http://www.pawsandclawsrr.org), or mailed to P.O. Box 175 Hackensack, MN 56452. Thank you so much for your continued support! You all are incredible!

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## Donation Dog Banks

You may have noticed while you've been out and about that many of our area businesses have Paws+Claws Donation Dog Banks set out on their counters. These dog banks are a great source of support for Paws+Claws, and a convenient place for our donors to drop their change after they've made their purchases. Thank you to our area businesses who have agreed to support Paws+Claws and place a Dog Bank on their counters, and to all of our generous donors. Every penny counts! We appreciate you!

Walker: The Piggy BBQ of Walker, Y Bottle Shop, Shingobee on the Bay, Leech Lake Area Chamber of Commerce, Walker Bay Spirits, Jenny's Beehive, Art and Antique Mall of Walker, Walker General Store, Von Hanson's Sausage Haus, Portage Brewing Company, Tj's Floral & Gifts, Christmas Point Wild Rice Co., Thrifty White Pharmacy, Chase on the Lake Resort, Walker Animal Hospital, Inc., Walker Building Center, Auto Value, The Boulders, WMS Sales, Inc., Hoss' All American Liquor, Horseshoe Bay Lodge

Benedict: Fort Benedict Super Store

Hackensack: Udom's Thai Restaurant, Hackensack Lumber & Hardware, Hackensack Liquor Store, Mark's Market, Swanson's Bait & Tackle

Longville: Northern Lakes Marine, Common Grounds of Longville, Lazy Days of Longville, Tossed & Found Boutique, Longville Lakes Bottle Shop

Crosslake: Moonlite Square Liquor Store



# 11 Dog-Friendly Hikes in Minnesota

Mar 22, 2021 by Ryan Kriva

Article written for Sidewalk Dog. Please visit <https://www.sidewalkdog.com/dog-friendly-hikes-minnesota/> for the full article and to follow the links associated with each hike location.

If you're new around here (or haven't gone exploring lately), let us let you in on a little secret: our great state is doggone full of beautiful state parks and fantastic hiking trails. Tons of 'em are pup-friendly, too, which provides you and your furry companion with year-round walking, sniffing, and nature-enjoying opportunities! Sniff out 11 of our favorite dog-friendly hikes in Minnesota.

## Tips for Hiking With Dogs

Before hitting the trail, make sure you're prepared with hiking essentials for your pup. Woof to the wise: always keep your pooches on a standard, non-retractable leash and clean up after 'em. Brush up on our Good Dog's Guide to Hiking Etiquette to make sure you're following the rules of the trail.

## Minnesota Dog-Friendly Hiking Trails

We polled our Dog-Friendly Twin Cities Facebook Group on their favorite dog-friendly hikes in Minnesota. Here are the top [eleven].

### 1. Whitetail Woods Regional Park, Farmington (map)

Close enough to the Twin Cities to enjoy on a weeknight, Whitetail Woods gives you a great opportunity to enjoy our state's natural beauty without going far from home. Its peaceful, wide-open vibe makes this park well worth the short trip.

### 2. Quarry Park and Nature Preserve, St Cloud (map)

This beautiful, 600-acre country park features fantastic hiking trails, plus 20 abandoned granite quarries to keep you and your pup in awe of the natural beauty while you walk (and talk, if you're the type) together.

### 3. Ely's Peak, Duluth (map)

Love hiking to tall places but think MN's options fall short? Here's a compromise: take your pup to Ely's Peak, standing at a little over a thousand feet in elevation, and enjoy your mutual sense of accomplishment. You can tell people you reached the summit—they'll probably be impressed.

### 4. Louisville Swamp, Louisville Township (map)

This spot emerged as one of the favorites in our Facebook group, and for good reason: the easy, 2.8-mile loop features beautiful river views and local wildlife. It's not called a swamp for nothing; water levels do rise often. A Facebook Group member recommends inflatable rafts if you go!

### 5. Tettegouche State Park, Silver Bay (map)

This massive park incorporates many of the features that make our state a national treasure: access to Lake Superior's coast, the mouth of the Baptism River, hardwood forests, and so much more.

### 6. Grand Portage State Park, Grand Portage (map)

Located along the US-Canada border, this park features a 120-foot waterfall, plus short and long hiking trails that will allow you and your pup to take in a ton of Minnesotan beauty. You might even catch the scent of maple syrup drifting over the border.

### 7. Glacial Lakes State Park, Starbuck (map)

The North Shore gets a lot of love when hiking opportunities come up, but the western half of the state has some great spots, too. Take your pal for a jaunt through the rolling prairie and trademark lake-centric beauty that this park has to offer.


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# Pet Health and Safety Reminders


## Spring 2021

Many of the same spring guidelines we follow also apply to our pets; please review the following guidelines from the ASPCA (<https://www.asPCA.org/pet-care/general-pet-care/springtime-safety-tips>).

 Be sure to resume flea & tick and heartworm preventatives are up to date for your pet.

 Be cautious of the types of indoor and outdoor plants you grow this spring; azaleas, philodendron, and Easter lillies are examples of plants that can be extremely dangerous. To view lists of plants that are toxic and non-toxic for animals, please visit <https://www.asPCA.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants>

 Pets can have allergies too! If you notice any allergy symptoms or reactions, it's a good idea to bring your pet in to the veterinarian for a check-up.

 Warmer weather and more time outside offers pets greater opportunity for [sometimes unsupervised] adventure. Consider a microchip and ensure the information on their tags is up to date.

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## Top 10 Pet Toxins of 2020

Visit <https://www.asPCapro.org/resource/top-10-pet-toxins-2020> for more information.

Each year the ASPCA Animal Poison Control Center (APCC) compiles its data from the calls they receive about pets exposed to toxins and releases the Top 10 categories of potential poisons.

In 2020, the APCC helped over 370,500 animals. They have grouped the hundreds of thousands of exposures they assisted with into the following categories, starting with the most frequent.

1. Over-the-Counter (OTC) Medications Like last year, OTC meds were number one in 2020. The APCC received almost 17% of their calls in this category. The most common items were cold medications, vitamins, and pain relievers (ibuprofen, naproxen, acetaminophen).
2. Human Prescription Medications Prescription meds for people also held its number two spot with 15% of the exposures. Antidepressant, anticonvulsant, and cardiac medication ingestions were very common.
3. Human Food Food is number three with 13% of the exposures. This year there were many protein and snack bar ingestions along with the typical grapes/raisins, xylitol, and onions/garlic.
4. Chocolate Always a top exposure, chocolate remains at number four but has increased to almost 76 exposures per day. The higher the cocoa content, the more dangerous it is.
5. Plants During the pandemic, more people found themselves purchasing plants for their homes (especially succulents) or sending bouquets to friends and family. Plants moved up from eighth last year to fifth place.
6. Household toxicants Home-improvement toxicants like paint and spackle remained at number six (8.3%) on the list.
7. Rodenticide Rat and mouse poison exposures remained at number seven with 8% of APCC's call volume. Unfortunately, these cases are becoming more difficult to treat with the rising popularity of cholecalciferol (vitamin D)-based baits.
8. Veterinary Products Medications for pets tumbled from number five last year to number eight this year. Chewable medications (pain medications, incontinence medications, calming treats) make up a large part of this category.
9. Insecticides Cases for insecticide poisoning continue to decrease and are down to 4.7% of cases.
10. Garden products Outdoor gardening products remain at number ten with 2.9% of cases.

# 11 Dog-Friendly Hikes in Minnesota

## (Cont'd)

### 8. Montissippi Regional Park, Monticello (map)

Best known for its stunning pines, this spacious park sports plenty of paved and unpaved trails. If your pup is looking for a pine-scented photo-opp, this park is for you.

### 9. Willow River State Park, Hudson, WI (map)

Okay, we'll admit we cheated by including a spot in Wisconsin, but this one was the pick of the litter among our audience. And for good reason, too: located right on the border, this large park includes hiking trails of varying lengths and difficulty levels. Oh, and did we mention the series of beautiful, wade-able waterfalls? This is a must-stop.

### 10. Fort Snelling State Park, St Paul (map)

Another local fan favorite, this park features 18 miles of scenic, Insta-worthy hiking trails located practically right in your backyard. Be sure to check out Pike Island if you get the chance — if you do, you'll be rewarded by

getting to hike in the very spot where the Mississippi and Minnesota Rivers meet.

### 11. Lebanon Hills Regional Park, Eagan (map)

The largest park in Dakota County, Lebanon Hills Regional Park contains 2,000 sprawling acres with prairie, lakes, forest, and miles of dog-friendly trails! Just keep an eye out for extra lanky dogs—we hear they call them horses?

There you have it, nature-lovers. This state has so much beauty to offer to humans and pups alike. Did we miss your favorite dog-friendly hikes? Woof at us in the comments or in our Dog-Friendly Facebook Group.

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## Mabel's Mobile Grooming

Krista Eckholm, owner of Mabel's Mobile Grooming is able to provide excellent full service dog grooming for your furry friends! Some of the the services she is able to provide are nail trims, brushing, bathing, and grooming. Just take a look at the before and after photos for Lady the poodle!

Along with a portion of Krista's proceeds helping to care for our shelter pets, Krista also donates her time to groom dogs that come in to us matted or in need of a good brush or bath. She is an important part of what we do here and we greatly appreciate her!

If you are in need of grooming services, give Krista a call at 218-675-7297! You won't regret it!





# Boarding at Paws+Claws

Boarding and Doggy Daycare is open for pick up and drop off Monday-Sunday from 8 a.m.-5 p.m.

Our state of the art facility features environmentally controlled spaces, a range of boarding options, professional staff, and great programming to ensure your dogs and cats have a high quality boarding experience.

*Thank you for supporting Paws+Claws. The proceeds from Boarding and Doggy Daycare go towards supporting all of our shelter pets and finding them their forever homes.*

## Boarding Options

Discounted rates are available for additional pets staying in the same kennels or pets staying 30 days or more. Holiday and seasonal rates vary.



**STANDARD**  
4' x 6' space  
10 Standard Kennels Available  
\$27/night



**DELUXE**  
4' x 8' space  
16 Deluxe Kennels Available  
\$30/night



**SUITE**  
6' X 8' space  
5 Suites Available  
\$34/night



**CAT BOARDING**  
4 Kennels Available  
\$20/night

### REQUIRED VACCINATIONS

#### DOGS:

Rabies  
Distemper  
Bordetella  
Canine Influenza\*

\*Strongly recommended

#### CATS:

Rabies  
Feline Distemper  
FeLV/FIV Test

Physical copy of vaccinations required before pet can board.

Vaccination records can be emailed to  
[info@pawsandclawsrr.org](mailto:info@pawsandclawsrr.org)

### DOGGY DAYCARE

#### Fees:

Half Day (up to four hours):  
\$17/pet  
Full Day (four hours and up):  
\$20/pet

A Half Day daycare fee of \$17/pet also applies to boarding pick-ups after 12 p.m. on the scheduled day of check-out.

### Boarding Updates:

Effective September 1st, Paws+Claws implemented peak seasonal and holiday rates. Please call for pricing and relevant dates.

Cancellation Policy: Effective immediately, all No Call/No Show reservations or reservations cancelled within 48 hours of check-in will have a \$25 cancellation fee (\$30 during peak holiday times) applied to the account to be paid before pet is able to board again.

Please call Paws+Claws at 218-675-7297 or visit us online at [www.pawsandclawsrr.org](http://www.pawsandclawsrr.org) for more information.



# Ongoing Assistance for Paws+Claws

## Thank you to those who ensure our longevity

One of the greatest parts about being located in a small community, is the sense of togetherness and the support from your neighbors and local businesses. We all recognize that we are in this together and each would not be here without the rest. Paws+Claws in particular has received generous support and donations from the community and area businesses, and we would not be here without it. Thank you!



A huge thank you to our veterinarian, Dr. Steve Ekholm of the Walker Animal Hospital. Paws+Claws is licensed under Dr. Ekholm, and he comes on site once a week to perform spay and neuter surgeries and is always on call if we need him.

Dr. Matt Eberts of Lakeland Veterinary Clinic in Baxter has also been generous to us, spending a day at Paws+Claws performing spay and neuter surgeries once a month.

Thank you, gentleman, for all that you do! We appreciate you!



## Assistance from Local Veterinarians

Once again, we reached out to our local veterinarians to ask for their assistance to spay and neuter the many pets that come in to Paws+Claws. With their help, we are able to perform greater number of surgeries each month and allow pets to go in to their forever homes at a faster rate than they otherwise would have.



Dr. Megan Hockenson (Left; Animal Care Clinic, Bemidji, MN) and Dr. Amanda Bergin (Right; Town & Country Animal Clinic, Park Rapids) assisted us with surgeries and vaccinations again over the last few months. With their help, we were very nearly caught up on having all of our pets spayed and neutered. Thank you for all of your help! You both are so appreciated!



# Donations to Paws+Claws Rescue & Resort

## **Always accept:**

- ✓ Monetary Donations
- ✓ Pet Food (*unopened*)
  - Puppy and Adult
  - Kitten and Adult
  - Dry and canned food
  - Treats
- ✓ Pet Supplies (*new or gently used*)
  - Neonatal kitten and puppy supplies
  - Harnesses, leashes, and collars
  - New litter boxes
  - Toys (*nothing with feathers, beans, or rice in it*)
  - Kongs
- ✓ Office Supplies (*e.g. copy paper, pens*)
- ✓ New Cleaning Supplies (*e.g. paper towels, bleach, Windex®, detergent, antibacterial soap*)

## **Accept on a limited basis (please call ahead):**

- ~ Pet Supplies (*new or gently used*)
  - ~Dog clothes
  - ~Gentle leashes
  - ~Pet grooming supplies (*brushes, shampoo, nail trimmers*)
  - ~Play/exercise pens
  - ~Cat towers
  - ~Food and water bowls
  - ~Crates (*plastic or wire with hardware included*)
  - ~Pet beds (*must be washable*)
  - ~Poop bags
  - ~Cat litter
  - ~Medication and medical supplies
- ~ Home Goods (*New or gently used. No electric blankets or down comforters*)
  - ~Towels
  - ~Blankets

## **Unable to accept:**

- x Pet Food
  - x Open containers or food/treats not in their original packaging
  - x Expired food/treats (*more than one year past expiration date*)
- x Pet Supplies
  - x Ripped, torn or non-washable pet beds
  - x Retractable leashes
  - x Metal pinch/prong/chain collars
  - x Shock collars
  - x Structures (*e.g. dog houses, igloos*)
  - x Toys with feathers, beans, rice, or button eyes/noses (*e.g. beanie babies*)
- x Home Goods
  - x Rugs
  - x Electric blankets
  - x Down comforters
  - x Sheets
  - x Pillows
  - x Clothing for rags

Paws+Claws Rescue & Resort 2949 State 371 NW Hackensack, MN 56452

218.675.7927

[www.pawsandclawsrr.org](http://www.pawsandclawsrr.org)



# Donate to Paws+Claws

Paws+Claws is here because there is a need in this community for the services that we provide. Paws+Claws can only provide these services with the help of people like you.

You are all so supportive, which makes it possible for us to function from day to day. Whether it is sharing a Facebook post, coming in to volunteer, donating supplies, or contributing a financial donation, each one of these actions helps to keep us running and fulfilling the need.

Financial contributions are used to provide animal care and supplies, keep the building and its systems operating efficiently, create educational opportunities, and help to develop our environment as a way to draw people in, but also give back to the planet and the community.

Do you want to be a part of it?



## Shelter Wish List:

- Paper Towels
- Bleach
- Sponges/Scrubbies
- Buckets
- Spray Bottles
- Disinfectant Wipes
- Scent Free Laundry Soap
- Dawn (R) Dish Soap
- Windex (R)
- Funnels/Spatulas
- Hand Sanitizer
- Anti-bacterail Soap
- Lint Rollers
- Bath Towels/Blankets
- Dog/Cat Beds
- Dog/Cat Food
- Dog/Cat Treats
- Dog/Cat Toys
- Heavy Duty Dog Toys
- Canned Pumpkin
- CheeseWiz(R)/Peanut Butter
- Coconut Oil
- Leashes/Collars
- Zip Bags (all sizes)
- 30 Gallon Trash Bags
- Office Supplies
- Postage Stamps

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Name: \_\_\_\_\_ Payment Options: \_\_\_\_\_  
Address: \_\_\_\_\_  Cash  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  Check - Make checks payable to Paws+Claws  
Phone: \_\_\_\_\_ Rescue & Resort  
E-Mail: \_\_\_\_\_  Credit Card

Please make my gift: \_\_\_\_\_ Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
In Memory of: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
In Honor of: \_\_\_\_\_ CVV: \_\_\_\_\_

I want my gift to be: \_\_\_\_\_  
 One Time  Monthly  Annual Supply Donation of: \_\_\_\_\_  
Donor Signature: \_\_\_\_\_

Please tear off bottom half of slip and mail to the address below.

Paws+Claws Rescue & Resort

2949 State 371 NW | P.O. Box 175 Hackensack, MN 56452 218-675-7297 info@pawsandclawsrr.org